

I.I.D.A. International Inline Downhill Association



Rulebook

Amended from the 2008 IIDA rulebook.

Rewritten and updated by

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1- INTRODUCTION

The International Inline Downhill Association, IIDA, is an organization originally set up in order to assist with the growth and regulation of the sport of inline downhill racing. The headquarters of the association is located in Lyon, France. The official language of the IIDA is English.

2- AIMS OF THE RULEBOOK

The objectives of these rules are to:

1. Provide information to the athletes about the way the discipline is sanctioned by the IIDA.
2. Provide contest directors and racers with a uniform set of written rules.
3. Allow some variation for contest directors to customize events to suit their tastes.
4. Allow for a method to change these rules in the future.

This rulebook is dynamic and will be revised and expanded as the sport continues to grow.

The IIDA Executive Board may make clarifications, emergency changes, or alterations to these rules during the race season by a majority vote of the Board of Directors.

This rule book is intended to be valid for the FIRS Inline Downhill World Championships and all other IIDA sanctioned races and events. These regulations are laid down for the appointment of staging FIRS Inline Downhill World Championships and the IIDA Cup events, and shall ensure the safety of the riders, event organizers and spectators in order to guarantee a stronger and more widespread future for the discipline.

3- DEFINITION OF INLINE DOWNHILL

Downhill is a discipline of roller sports in which a downhill distance, run on a hard inclined surface of varying lengths and incline percentages, has to be covered in the fastest time possible.

There are three aspects to a race event :

3.1. Time trials

In this discipline a single rider has to complete the prescribed length of the course in the fastest time possible.

Time trials are run 1-racer at a time. Single or multiples runs are allowed to each rider to determine their fastest time. Standard practice is two runs. The final placing of the racers is determined by taking the single best time from each racer.

3.2. Inline cross

In this discipline a group of riders race down the course together resulting in winning and placing positions. The number of riders on the course is dictated by the width and size of the track. The generally accepted number of riders in this class is between 2 and 6 (in



most cases, 4 rider heats). The inline cross brackets are based on qualification runs held before the competition. See the basic racing brackets in Appendix A, other brackets could be run for 2 rider heats or also 6 rider heats.

Inline cross brackets are done regarding the qualification results.

The number of riders qualifying for Inline cross (8, 16 or 32) is defined by the following rule : Global number of registered riders / 2 and rounded to the closest number between 8, 16 or 32. Example : 40 riders are registered. $40 / 2 = 20$ rounded to Top 16 Brackets. This general rules can be adapted by the Race director with the agreement with the IIDA Executive Board or onsite IIDA representative regarding race situation and time schedule.

In the case where a rider does not show even if he's been qualified, he is expected, if possible, to warn the race director so that the appropriate action can be taken. Example: Qualified rider N°9 is not able to or does not want to compete to the inline cross. He informs the race director after the time trial results. Thus, Qualified rider N°17 can take part to the inline cross.

The athlete who does not take part to the inline cross will not gain any points for the overall ranking.

3.3. Bobtrack downhill

In this discipline, a single rider goes down a bob track in the fastest time possible. Time trials are run 1-racer at a time. Single or multiples runs are allowed to each riders to determine their fastest time. Standard qualification is two runs. The final placing of the racers is determined by a 3rd and final run open to qualified athletes base on the two qualification run.

4- EVENT

4.1. Event designation

4.1.1. World Championship

This event is held once a year and is sanctioned by the F.I.R.S. (Federation International of Roller Sports) with the presence of an official FIRS judge.

There must be a minimum of two qualification runs for the World Championships

The World Championships will be decided in one single final run.

The competitors (one man and one woman) who set the best time will be the Official Inline Downhill FIRS World Champions and winner of the Gold Medal.

The competitors (one man and one woman) with the second-fastest time will be Vice-Inline Downhill FIRS World Champions and winner of the silver medal.

The competitors (one man and one woman) with the third-fastest time will get the third place and will be the winner of the bronze medal.

This final run must be started in the reverse order of the results of the qualifying runs (Last starts first). The World Championship final is limited to 60 competitors (40 best men / 20 best women of the qualification runs).

Different formats may be arranged considering the number of the registered athletes of

any edition (top 30 men, and top 5 women, as in 2005 in Lyon).
There is no Inline Cross World Championship at this time.
The World Championship will award points accordingly to Appendix B.

4.1.2. World Cup

This is sanctioned by the IIDA with the presence of an official IIDA representative. This is a major event gathering riders from multiple countries and continents.
A world cup should hold both time trial and inline cross competitions. There is no limit to the number of world cup events that can be held in a country or during the season.

4.1.3. National Cup

This medium size events aims to gather primarily riders from the host country but is also opened to riders from other countries.
A national cup may hold both time trial and inline cross competitions or only one of the two. There may be several regional events leading up to the National Cup but there may be only one National Cup event per country. In this last case, we can have one inline cross national cup and one timed trial national cup held in the same country.

4.1.4. Regional Cup

This is a small size event, which aims to gather primarily regional riders. It is also open to national and international riders.
A regional cup may hold both time trial and inline cross competitions or only one of the two. There is no limit to the number of regional cup events that may be held per year.

4.1.5. Bobtrack Cup

This is an event held in a bob track and holding time trial competition. This event is open to national and international riders. There is no limit to the number of Bobtrack events that may be held per year to determine the Cup.

4.2. Time frames regarding event designations

It rests solely with the IIDA Executive Board with the help of the IIDA Committee members to define the IIDA Calendar. This calendar will gather all the different events and shall be announced at least 2 months prior to the event. This calendar could be updated during the season with new events. Events will be announced through the official website of the IIDA Association: www.InlineDownhill.com Any new events added to the calendar will be advertise by the IIDA through any possible manner : Facebook, e-mails, Twitter...

4.3. Ranking

4.3.1. Event ranking

The top 3 Men and top 3 Women in the time keeping and inline cross events should be awarded with medals or cups at any of these IIDA sanctioned events.



A ranking can be done for junior riders (under 18 years old at the 1st of January of the current season) in case there are more than 4 juniors in a World Cup event.

4.3.1.1 Time Trial Event Ranking

Ranking is based on the fastest time of the competition runs.

The competitors (one man and one woman) who set the best time, will be the winners.

The starting list of the Time trial runs may be decided by the organizer, or by the distribution of the BIB numbers in accordance with the Race Director.

In case of tie, the second best time will separate the competitors (and so on if there are 3 or more competition runs).

The last run of Time trial races may be started with the reverse order of stand-by current ranking.

The time of each competitor must be immediately communicated after arriving at the finish.

4.3.1.2 Inline cross Event ranking

Final Ranking is easily defined in the ranking of the final and semifinal runs for the top 8 riders. From 9th place to 32th, competitors ranking is based on the best qualification time. Example: Competitors A (1:03:00), B (1:01:00), C (1:02:00) and D (1:00:00) were ranked 3rd in quarter final and should be separated. Competitor D will get the 9th place in front of B (10th place), C (11th place) and A (12th place).

4.3.2. Overall ranking

The IIDA World Cup overall ranking is the definitive representation of the top overall rider in the world.

4.3.2.1. Time keeping Overall Ranking

The riders in each event will be awarded points based on their overall position. See the point giving system explained in appendix B.

The athlete who earns the highest number of points during the season will be the IIDA World Cup Time Trial Champion for that year.

The overall ranking is based on 60% of the total number of **world cup (including FIRS World Championship)** events.

For example, if there are 7 world cup events, the top 4 events (including World Championship, World Cup, National Cup, Bobtrack and Regional cup) will count. ($7 \times 60\% = 4,2$ The final number is rounded to the closest decimal point).

4.3.2.2. Inline cross Overall Ranking

The riders in each event will be awarded points based on their overall position. See the point giving system explained in appendix B.

The athlete who earns the highest number of points during the season will be the IIDA World Cup Inline Cross Champion for that year.

The overall ranking is based on the 60% of the total number of world cup events.

For example, if there are 8 world cup events, the top 5 events (including World Championship, World Cup, National Cup and Regional cup) will count. ($8 \times 60\% = 4,8$ The final number is rounded to the closest decimal point).

In the case an Inline Cross is held during the FIRS World Championship event, it will be awarded the same number of points as the FIRS World Championship.

4.3.3. In case of tie on Overall Ranking

In the case of a tie at the end of the season, the following rules will be applied by priority.

- 1) Same number of points : The competitor who has taken part in the highest number of competition will win
Example: 50 + 50 will be ranked in front of 100
- 2) Same number of point + same number of competitions : The competitor who has the highest number of points in a competition will win
Example: 28 + 40 will be ranked in front of 36 + 32
- 3) Same number of point + same number of competition + same highest ranking :
The competitor who has the highest number of points at the event gathering the highest number of competitors will win
Example: 100 (80 riders) + 80 will be ranked in front of 80 + 100 (50 riders)

5.4. Requirements for the Competitors

5.4.1. Equipment

5.4.1.1. Safety Equipment

Any athlete taking part in an IIDA Cup race or in the FIRS World Championships shall be responsible for their own safety, wearing all the compulsory safety equipment and any other approved safety equipment in order to race with the highest standard of safety possible. A technical inspection will be run by the IIDA Official, an IIDA Committee member or a Race Office member.

Following safety equipment is compulsory:

- Full-face helmet
- Knee pads
- Elbow pads
- Palm and/or wrist protection (gloves are encouraged but not mandatory / Skateboard slide gloves are a good example)
- Back-protector
- Crash shorts (hips and buttocks protection)

5.4.1.2. Skating Equipment

Only athletes using skates with wheels fastened in line (inline skates) or quad skates can participate in IIDA races and FIRS inline downhill World Championships.

A maximum of six wheels per skate is allowed. The maximum diameter of wheel must not exceed 110 mm. The skate frame must not exceed 50 cm in length. Skates must be firmly attached to the shoes and axles may not protrude from the wheel edges. Clap skates are allowed without propulsive gear. Heelbrakes are permitted. Custom made brakes must be approved by the IIDA and the race office prior to use.

5.4.1.3. Prohibited equipment

Propulsion devices or mechanisms

Parachutes, Pole's, sails, or other such devices.

Equipment that is consumed, discarded, or jettisoned during the race.

Steering mechanisms activated by means other than lean-to-steer.

5.4.2. Pre-Race Technical Inspection

All racing equipment shall be submitted to a pre-race technical inspection to ensure compliance to the IIDA.

Pre-race technical inspection shall consist of a visual inspection for legal and safe appearance of the rider equipment and its parts.

It is not the technical inspector's responsibility to identify or correct problems that may affect the performance of otherwise legal equipment.

It is the competitor's responsibility to ensure that the equipment is ready, legal, and safe for competition before inspection.

If there are any equipment legality questions they should be raised with the Technical Inspector prior to submitting the equipment for inspection.

Equipment failing technical inspection must be corrected by its owner/competitor and be resubmitted for technical inspection before being accepted into the race field.

Any equipment changes made after passing Technical Inspection must conform to all IIDA rules and regulations and must be resubmitted for technical inspection. Using equipment that does not conform to IIDA regulations is grounds for immediate disqualification.

The starting judge may make a visual / physical inspection of rider safety equipment at the start line prior to race commencement and reserves the right to stop the rider from partaking in the event until such time as the correct equipment is produced or in the event that it is unsuitable or defective, returned to a safe working order.

Passing technical inspection does not deem equipment to be safe or free from defects

5- LIMITATION OF LIABILITY FOR ATHLETES AND ORGANIZERS

All competitors act on their own responsibility. All competitors shall be aware of the dangers which might occur during the competition and shall participate in total awareness. No claims can be made against the organizer / FIRS / CIC (Comité International de Course) or IIDA as far as World Championships, World Cup, National Cups, Bobtrack Cups and Regional cups Races are concerned. As mentioned before, every competitor must fill in and sign a standard declaration of responsibility. No declaration, no race.

6- ELIGIBILITY

All skaters (men or women) who have sent a correctly completed registration form to the organizer in time for the deadline fixed by the FIRS (or IIDA for World Cup races) in

accordance with the organizers rules and regulations are eligible to race.

Minimum age:

The participant has to be 15 years old at the 1st of January of the year in which the World Championships or IIDA World Cup Race is organized.

Minimum age exceptions can be made at the promoter's digression. Competitors must be at least 8 years of age.

9.1. Athletes

The Race Office may exclude a competitor from an IIDA sanctioned event if he seems not to be in appropriate physical shape or condition or cannot show the technical skill required for the race-track or for any other reason.

The FIRS anti-doping regulations (WADA and FIRS Medical Regulation) are applied during all IIDA Events (see Section 4 for Event designations). If the World Championships or World Cup Race is held in a country in which special medical sport authorization or parental authorization for minors are required, the athletes must follow these local regulations.

Taking part in the Opening Ceremony of the World Championships is compulsory, not taking part in the Ceremony will result in a disqualification from the race (school or work justifications may be considered to be special circumstances).

9.2. Image of the Discipline

The race director and/or the IIDA committee reserve the right to ban a rider from a competition if his racing suit or racing clothes are not in an acceptable order, might damage the image of the discipline and could pose a danger to other riders. Long or short sleeved skinsuits are recommended, leather suits are allowed
These rules apply in time-trial runs only

T-shirts and shorts and any other clothing is allowed during training and practice runs or during any inline cross runs. IIDA strongly advises against the use of ripped badly repaired skinsuits and visible homemade pads.

IIDA strongly supports fair play and the committee reserves the right to exclude or ban an athlete who plays dirty from one or more races.

9.2.1 COMPETITOR'S OBLIGATIONS:

9.2.1.1 It shall be the sole responsibility of each competitor to decide whether to start or continue an event.

9.2.1.2. All competitors are required to inform themselves of the time and place of each event. If a rider does not show up on time after 3 calls, the rider will be excluded from his heat (Exceptions can be made in specific cases by pre-arrangement with the race office).

It is the rider sole responsibility to be aware of any changes or cancellations.

9.2.1.3. A competitor shall compete only by using their speed and skill, by individual effort in compliance with the rules, and in accordance with the principals of fair play and sportsmanship.

9.2.1.4. Familiarize themselves with and follow the IIDA Rules.

9.2.1.5. Comply with special instructions from authorized officials.



- 9.2.1.6. Possess current primary accident and medical insurance coverage.
- 9.2.1.7. Execute the appropriate liability release and waiver form and image release at each venue.
- 9.2.1.8. Behave in a courteous and polite manner.
- 9.2.1.9. Take responsibility for their physical and mental ability to compete.

9.2.2 CODE OF CONDUCT:

All competitors have duties and responsibilities which include but are not limited to the following:

- 9.2.2.1. Competitors shall be the sole judges of the limits of their skills and their ability to meet and overcome the inherent risks of competing and shall maintain reasonable control of speed and course.
- 9.2.2.2. Competitors shall abide by the directions and instruction of the venue area operators.
- 9.2.2.3. Competitors shall familiarize themselves with the course and difficulty of degree prior to attempting their first run.
- 9.2.2.4. Competitors shall not overtake any other competitor except in such a manner as to avoid contact and shall grant right of way to the lead competitor.
- 9.2.2.5. Competitors shall yield to other competitors when entering course or starting downhill.
- 9.2.2.6. Competitors, when involved in an accident, shall not depart from the venue without leaving their names and addresses if reasonably possible.
- 9.2.2.7. A competitor who is injured should, if reasonable, give notice of the injury to the venue area operator before leaving.
- 9.2.2.8. Competitors shall not embark or disembark from a transportation vessel except at designated areas or by the authority of the venue area operator.
- 9.2.2.9. Competitors shall not deface venue property but not limited to, especially with the application of decals or stickers.
- 9.2.2.10. Offensive actions or obscene language around venue areas are grounds for disqualification from the IIDA event.
- 9.2.2.11. Competitors shall refrain from using illegal substances as stated by the FIRS anti-doping Regulations.
- 9.2.2.12. Competitors defacing or trashing their surroundings shall face immediate disqualification from competing and immediate expulsion from the IIDA

10 - THE RACE

10.1. Practices and Track Inspection

The organizer shall provide 3 practice runs as a minimum for all competitors. Each participant must take part in at least one practice run to be eligible for qualification runs. The official opening of the racetrack takes place after the track inspection. Skating on the racetrack before the track inspection will result in immediate disqualification. Competitors are encouraged to take part and assist with track inspections.

10.2. BIB Numbers and Start List



All competitors are requested to wear starting numbers so that they are visible to the starting and finish line judges. It is not permitted to cover the number or any sponsor imprints which may eventually be printed on it as requested by event organizer. Starting numbers are strictly personal, any change of number among competitors will result in a disqualification. Starting positions are decided by the Race Director. This will be done taking into account many factors including the length of the course and any particularly hazardous sections of the track and eventual TV broadcasting schedules.

10.3. Inline Cross Racing Rules

10.3.1 Contact: Racers who deliberately make contact in an effort to hinder the performance of another rider will be penalized.

10.3.2 Passing: Overtaking competitors assume the responsibility of avoiding the lead rider. However, during a pass, the lead competitor may not take defensive measures such as moving in on the line of the passing competitor to prevent them from taking the lead. Meanwhile, the overtaking competitor is responsible for COMPLETELY clearing the other competitor before moving into their line. A racer who violates the passing protocol will be penalized.

10.3.3 Intentional contact: Some contact in close racing is natural. Racers who purposely block, or cause another racer to crash will be penalized. Deliberate, aggressive contact is not allowed and may result in disqualification.

10.3.4 Intentional Blocking: Intentional blocking of another racer is prohibited and may be penalized and/or disqualified.

10.3.5 Rough riding: Overly aggressive and/or dangerous riding is not allowed and the offending rider may be penalized and/or disqualified.

10.3.6 The finish: An official finish is when any part of the riders' body or skate crosses the finish line. Racers must have all safety gear in place when they cross the finish line in order to earn placement. A racer who proceeds down the track without all pieces of safety gear in place (including helmet straps) can be disqualified.

10.3.7. Equipment : During the IIDA Inline Cross final on an IIDA World Cup, the 4 mens riders in finals should wear a camera (Go Pro) provided by the IIDA. This aims to avoid any complain without any proof as these images could be used in case of crash, unsportsmans like conduct...



APPENDIX B : Point giving system



Event name	IIDA World Championship	IIDA World Cup	IIDA Bobtrack Cup	IIDA National Cup	IIDA Regional Cup
Comments	One single world championship	World cup events	Event held in a Bob track	National event that will host more than 16	Local event that will host less than 16 inline riders
Point giving	125% of a World Cup	100% of a World Cup	60% of a World Cup	60% of a World Cup	25% of a World Cup
Number of event / year /	Once a year	Unlimited	Unlimited	1 / Country	Maximum 3 /country
1st	125	100	60	60	25
2nd	100	80	48	48	20
3rd	88	70	42	42	18
4th	81	65	39	39	16
5th	75	60	36	36	15
6th	70	56	34	34	14
7th	65	52	31	31	13
8th	63	50	30	30	12
9th	60	48	29	29	11
10th	58	46	28	28	10
11th	55	44	26	26	9
12th	53	42	25	25	8
13th	50	40	24	24	7
14th	48	38	23	23	6
15th	45	36	22	22	5
16th	43	34	20	20	1
17th	40	32	18	18	1
18th	38	30	16	16	1
19th	36	29	14	14	...
20th	35	28	13	13	...
21th	34	27	12	12	...
22th	33	26	11	11	...
23th	31	25	10	10	...
24th	30	24	9	9	...
25th	29	23	8	8	...
26th	28	22	7	7	...
27th	26	21	6	6	...
28th	25	20	5	5	...
29th	24	19	4	4	...
30th	23	18	3	3	...
31th	21	17	2	2	...
32th	20	16	1	1	...
33th	19	15	1	1	...
34th	18	14	1	1	...
35th	16	13	1	1	...
36th	15	12
37th	14	11
38th	13	10
39th	11	9
40th	10	8
41th	9	7
42th	8	6
43th	6	5
44th	5	4
45th	4	3
46th	3	2
47th	1	1
...	1	1
...	1	1
...

